

The Multiple Conditions Guidebook

Check out the resources from the Taskforce on Multiple Conditions to improve the lives of people living with multiple long-term conditions.

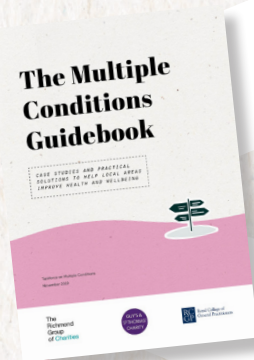
Multiple conditions present a significant and complex challenge that needs us to act differently

In England around one in four of us have two or more long-term health conditions and this number is growing.

In more deprived areas people develop multiple conditions 10-15 years earlier than in more affluent ones.

LOSS OF MOBILITY, SOCIAL CONNECTIONS AND MENTAL WELLBEING ARE COMMON FOR PEOPLE LIVING WITH MULTIPLE CONDITIONS.

A new review of practical solutions features ten case studies



"THEY SAW ME AS A HUMAN BEING — MADE ME LAUGH. I HAVE CHANGED SO MUCH"

Mrs G, person with multiple long-term conditions

There are multiple solutions to the challenges posed by multiple conditions

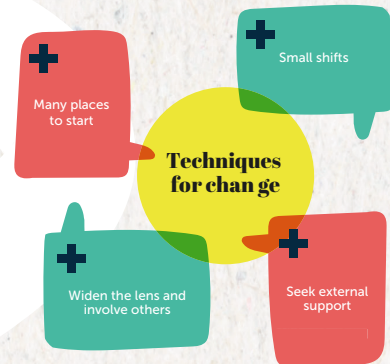
We want to build our list of practical solutions from 10 to 100. Share your own inspiring examples with the Taskforce or tweet @Richmondgroup14 @RCGP @GSTT using:

#MULTIPLESOLUTIONS

The intention of the Multiple Conditions Guidebook and accompanying resources is to provide local practitioners with practical insight and to create conversations to bring about change. Please help us to share and build on this learning online, at events, by convening a local forum or group to discuss the guidebook and what could work in your area or by contacting the case study leads to ask questions and find out more.

To see the full report and find out more visit the Taskforce website here: www.richmondgroupofcharities.org.uk/taskforce-multiple-conditions or contact Eve Riley at EveRiley@macmillan.org.uk.

The good news is that there are many different ways to take action



All are different but many share common ingredients



The Taskforce on Multiple Conditions is a partnership between the Richmond Group of Charities, the Guy's and St Thomas' Charity and the Royal College of General Practitioners. It was launched in 2018 with the ambition to drive transformational change with and for people with multiple long-term conditions.

The
Richmond
Group
of Charities

